

Rio Dell-Scotia News

April 2002

Chamber of Commerce Newsletter

Vol II, No 4

~ In a Nutshell ~

Everyone invited Your input for Rio Dell's new look is needed

What would you like Rio Dell to look like when you drive into town? Here is your chance to influence a new theme for our town, which is now in the works.

To share your ideas on this subject, come to a community meeting on **Wed., April 17 at 6:30 pm in the fire hall**. There will be free childcare at the school during this meeting and refreshments available.

Set clocks ahead Daylight savings

The Rio Dell Volunteer Fire Dept. would like to remind everyone to change the battery in their smoke detector on April 6, when time moves forward one hour at midnight.

Mouth watering Secret pizza types

Jim Rich at the Pizza Factory has secret types of pizzas he makes on certain occasions that water the mouth in sheer anticipation. One is the Apple Pie Dessert Pizza, which is not on the menu but is available anytime for the asking.

There's another secret pizza he does on occasion, but I'm not free to write about it here. I don't know why exactly but it can only be discussed with him directly, he said.

Albert Miller, Ed.

Healthy Families Childrens' insurance

'Healthy Families' is a medical, dental and vision insurance program for children, ages 1 thru 19, and at a very low cost. Don't miss this opportunity to provide full health insurance for your kids. For more information call 764-5239.

For children 5 & 6 Free groceries

The Commodity Supplemental Food Program (CSFP) offers monthly food assistance to children ages 5-6. Income eligible parents will receive a free bag of groceries each month. Proof of age, income and a valid CA ID every 6 months is required call Jennifer at 445-3166.

Head Start Now accepting applications

The Head Start program is accepting applications for fall enrollment in the Center Base or Home Base preschool program for children, 0-to-5 years old. For an application, visit the school at 95 Center Street. For more information, call 764-3824.

Community invited Local student talent show

The annual Student Talent Show will premiere at the Eagle Prairie Elementary School gymnasium at 6:00 pm on Friday, April 26. Adults \$1, children 50 cents infants free. Please join us to support our local children's effort and their talent.

Attention parents School open house

Come one, come all. The annual school open house event takes place Thursday April 25 from 6-7 pm.

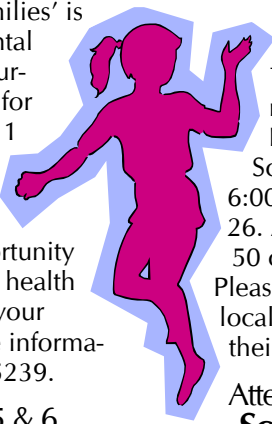
Spelling Bee And the winners are

Grades 4-6: Chelsea Parr and alternate Aimee Futhey.

Grades 7-8: Bethany Miguel and alternate Jared Boyce.

Health note Jump rope for heart

The community is invited to Eagle Prairie Gym April 11, 9am-11am, when K-3 students will jump rope to raise money for the American Heart Association. They will ask for your support through pledges. Everyone is invited.



What's new..?

Equipment rentals at Scotia Hardware!

Paul David's Scotia Hardware has expanded into the equipment rental business. Managed by right-hand man, Richard Koehler, the rental line includes a power brush cutter, power mowers, rototillers, seeders, power washer, paint sprayers, power rollers and more.

For construction work, there are circular saws, a Sawzall, power nailers and a cement mixer. A log-splitter is available to rent as is professional carpet cleaning equipment and a heavy-duty wet-dry vacuum.

Equipment inventory is expanding weekly, Koehler said.

Career help Vocational counselor

by Shawna Willett

You might ask, "why would I want to see a vocational counselor from the Humboldt County Employment Training Department?" There are many reasons to do so.

You might want to know how best to conduct a job search, or how to make a changeover to a different job.

Maybe you'd like to figure out what career suits you the best, or how to write that all-important job resumé.

I come to the Rio Dell Community Resource Center regularly and have met some really great people. If you would like to make an appointment for vocational counseling, call Judy at 764-5239 to make the appointment.



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764-5683 SCOTIA INN

Calendar of Events

Connect at monthly meetings and the events listed below. It's your community.

Bingo - Mondays. Doors open at 5:30, game starts at 7pm, Fireman's Hall.

City Council meetings 1st & 3rd Tuesday 6:30pm City Hall
Community Resource Council 2nd Wednesday of the month, 6-8 pm, Community Center, 95 Center St. 764-5239

Community Valet Recycling Tues. and Thurs. 3-3:30pm Community Resource Center 95 Center Street.

Saturday recycling 2nd Saturday of each month, 10 am-1pm, Chamber of Commerce

Parent Teacher Organization 2nd Monday 3:30 pm Eagle Prairie Elementary

School Board meetings 2nd Thurs. of each month 5:30 pm, Eagle Prairie Elementary

Rio Dell library hours Wed.1-6, Fri.11-4, Sat.11-4 715A Wildwood Avenue

Library storytime Fri.10 am and 3 pm, Rio Dell Library

Senior lunch Tues & Fri Church of Christ 325 2nd Ave. Call one day in advance to reserve \$2.00 lunch, 764-3629. Fridays are potluck, no reservation needed.

Senior exercise Tues & Thurs 2-3pm. Assembly of God Church, 95 Bellevue.

Weight loss support group, Fri 8:30-10:30 pm, Scotia Union Church, 764-5929.

Food Pantries

Bread for Life 204 Church St., Scotia, Tues and Thurs 10 am - 11:30 am 764-3249

Commodities Church of Christ, 325 2nd St, 3rd Thursday each month 10am-1 pm. Proof of residency needed.

Emergency food Assembly of God Church, 95 Bellevue Mon-Thursday 9am-4pm 764-5460.

Flea market opens in Rio Dell

by Albert Miller

Robert Lockwood's Mountain View Motel, 28 West Painter Street, has been discontinued and officially renamed the Flea Market of Rio Dell. He has been doing business on weekends since February, renting rooms to garage sale type folks and others for ten dollars a day. The motel-type flea market is open 9am to 5pm on Friday, Saturday and Sunday.

Items for sale in Room C were earthy, with home-school materials, craft and doll making supplies, 1950s kitchen chrome decor, collector plates and best seller books.

Additional motel rooms are being cleared for dealer rentals, Lockwood said with a gleam in his eye. The flea market is closed Monday thru Thursday, which seems to suit his semi-retirement lifestyle at age seventy-seven.

Let's get together

Living with diabetes

by Krista Hill

I want to form a diabetic support group in the Rio Dell-Scotia area. I've had tons of trials and tribulations in my fight with this disease. The depressions, anxiety, frustration, guilt, pain and mood swings are all pieces of this big diabetic pie. I didn't know my body or why this was happening to me.

I decided to go for it, to totally get to know my enemy (diabetes). So I read books and articles, and took a class on diabetes. I've also learned that it's easier when you have the support and positive reinforcement of people who know what you are going through.

I would like to start a group that could get together from time to time and share their experiences about this disease, and invite experts when needed to further educate ourselves.

If you are interested, please call 764-5239.

Rio Dell-Scotia News is online
See current and past issues at
www.humguide.com/riodellscotia

Classifieds

Delivery Driver/Food Service: Apply at 185 Wildwood. Must be age 25 or older with a clean DMV record.

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HOBY'S MARKET & DELI

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Learn job skills

Volunteering is its own reward

by Elizabeth Jones

In this and the next several issues of the *Rio Dell-Scotia News* we will feature a volunteer opportunity where you can build a connection to your community. Volunteers gain work experience and enhance their quality of life

Rio Dell-Scotia Chamber of Commerce is looking for someone to perform office duties for two hours, two days a week. This volunteer position not only gives you time out of the house, but will help you get the pulse of the community. Learn about community projects, upcoming events and new business ideas. This is a way to gain business skills and to be involved in planning your community's future.

Call 764-5239

English as a second language

Ongoing free classes, Tuesdays 5:30-7:30pm. Rio Dell Community Resource Center, Room 107, Eagle Prairie Elementary School. Free babysitting is available.

Rio Dell-Scotia News

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